

# Hemorrhoid Information - the Causes and the Symptoms and the Treatments

**A**round half of the population suffers from **hemorrhoids** before the age of 50, and anybody that has suffered from **hemorrhoids** knows how bad the condition can be. That is why I want to share with you how i got rid of my own and delivered to normal life. To begin with nevertheless, lets look at what hemorrhoids are and what they can do to you.

## What are Hemorrhoids?

Hemorrhoids are usually a condition where the veins around the anus or the lower rectum become inflamed and inflamed. They can be internal (under the skin) or around the outside (around the anus). They can be the result of many different things, and also it is often hard to pin down the cause for certain people, but examples of causes are: forcing to maneuver stool, pregnancy, ageing(very frequent cause), constipation or diarrhea, and anal intercourse. They are nothing to be embarrassed about (although many people are embarrassed when they develop them) and they are extremely typical.

## What are the Symptoms?

The symptom of **internal hemorrhoids** most widely reported is blood covering the stool or perhaps on toilet paper, or even in the toilet bowl. In fact an internal hemorrhoid may even protrude through the anus outside the body, becoming irritated and painful. Outside hemorrhoids are often detected by the sufferer reporting a painful swelling or a hard lump around the anus which is a result of blood clot(s) that form. Hemorrhoids are usually are not dangerous but can be very painful and can last for weeks in the event that left untreated.

## Hemorrhoid Treatment

First let me say, don't, overly rub or clean around the anus as this may cause irritation, and itching, which can lead in to a continuous cycle of signs and symptoms. Left untreated hemorrhoids can linger for weeks and that can be a very painful experience.

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