

# Hemorrhoid Treatment: Two Basic Types of Treatment to choose From

**B**efore even looking at a possible **hemorrhoid** treatment, one should first understand what it is, what causes it, and then move on to the different options to get rid of it. The reason being is that a **hemorrhoid** may show the same symptoms and characteristics with other diseases and having a wrong diagnosis will certainly lead to a completely wrong treatment.

## Hemorrhoids Tend to be Characterized by Swelling in the Rectal Area

This can also be very painful even if it is not that serious. If the swelling of the problematic veins occurs inside the recta canal, this is called an internal hemorrhoid as opposed to the external hemorrhoid, which occurs outside the anus. **Hemorrhoid treatment** may vary from one another depending on the gravity of the issue or the type.

## Hemorrhoids are Caused by Pressure Applied in the Veins in the Anal Area

Pressure in the blood vessels found in the pelvic region can also trigger hemorrhoids. If these problematic veins are stretched as a result of **bowel** movement, a hemorrhoid can occur. Pregnant women are prone to hemorrhoids and should be therefore aware of at least one hemorrhoid treatment that may be doable when it occurs.



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**Help With Hemorrhoids** Most of us over the age of 30 have at some point in time suffered from hemorrhoids. They are one of the most common medical ailments suffered by both men and women. Usually 80% of those who suffer with hemorrhoids are able to handle them with over...

Many patients of hemorrhoid just need a change in diet to have their hemorrhoids taken care of. A change in diet also means a change in bowel movement. Most doctors advise sufferers to take in a lot more foods that are rich in fiber such as bananas to help facilitate lighter and smoother bowel movement. Hemorrhoids may also be taken care of using fixative methods such as tying the lumps and heating system them or even using electrical power to apply coagulation therapy.

- Another form of hemorrhoid treatment if there is no alternative option, surgery is required.
- Dealing with hemorrhoids through surgical procedure is called hemorrhoidectomy.
- This really is a procedure applied mostly in internal types of hemorrhoids.
- This is also the most relevant treatment if the patient is always bleeding.

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