

Internal Hemorrhoids Symptoms - How it Differs From External Hemorrhoids

Hemorrhoids though not very dangerous to human life have triggered a problem to be able to modern people mostly living in developed cities and towns. It has been a rampant urban disorder mostly caused by undisciplined life style, stress caused by work leading to higher blood pressures than normal, unhygienic conditions and many more. The anus and the rectum get swollen and inflamed followed by redness, itching as well as pain.

There are two types of annoying [hemorrhoids](#); internal, where a lump or lumps form inside the actual anus, as well as external; where the protruding veins appears on the outside of your rectum. Nevertheless, with your inside hemorrhoid condition, the lump in the rectum could be caused by pregnancy, or after giving birth to a baby.



“ The symptoms of inside hemorrhoids are arschfick irritation, pain or throbbing ache in the hypersensitive area, bright red blood showing up on the toilet paper and pain when having a [bowel](#) movement.

Other Symptoms

Rectal bleeding. Like external hemorrhoids, bright red spots of blood may appear on toilet paper after a bowel movement. Unlike, external hemorrhoids, blood spots may appear on toilet paper if one wipes the rectum before a bowel movement and in addition, blood may appear on individual pieces of stool. Because the bleeding happens internally, small amounts of blood may leak from the anus even in the absence of a bowel movement and there is the possibility that the stool will grab small quantities of blood on its way out of the large intestine.

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***Patient Guide to Hemorrhoid Relief** It is difficult to accomplish things and go through daily routine if you have hemorrhoids. The pain and discomfort can prevent you from properly fulfilling tasks. Because of the range of inconveniences that hemorrhoids can bring, it is in your best...*

One thing some people trying to find an [internal hemorrhoid treatment](#) may be tempted to do is use laxatives but they are generally not suggested by the majority of doctors, or they are suggested in moderation. Having loose stool can in fact worsen your complaint by irritating the hemorrhoid tissues in your body and cause problems you will not want to deal with later on.

Difficulty or obstruction in passing stools and occurrence blood stains with stools is considered to be primary symptom of [internal hemorrhoid](#). At the same time it is not necessary that every occurrence of stool blood must be cause of hemorrhoid. It may be indication of any other disease. Your doctor will choose exact cause of blood vessels stool after scientific investigations. In certain cases you are able to notice hemorrhoids enlarged to an extent that lumps hangs out from anus. This kind of problem will be termed as [prolapsed hemorrhoid](#). You may mis-take prolapsed internal hemorrhoid as [external hemorrhoid](#) due to its appearance on outer side of the rectal region.

You are suffering from internal hemorrhoids you may be wondering what treatment options you have. Due to the fact that hemorrhoids can be due to strain many doctors suggest increasing your soluble fiber intake as well as your water intake as part of a treatment for internal hemorrhoids. This can help to soften stool and reduce the strain needed. It is often suggested not to use laxatives or to use them nimbly. Loose stools can also irritate the delicate [hemorrhoidal](#) tissues and cause more problems rather than managing the inner hemorrhoids.

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